

March

HARMONY COLD BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> blueberry muffin assorted cereal 	<ul style="list-style-type: none"> cinnamon crumble assorted cereal 	<ul style="list-style-type: none"> lemon muffin assorted cereal
		1	2	3
<ul style="list-style-type: none"> strawberry zac bar assorted cereal 	<ul style="list-style-type: none"> blueberry bagel w/ cream cheese assorted cereal 	<ul style="list-style-type: none"> granola & yogurt assorted cereal 	<ul style="list-style-type: none"> french toast muffin assorted cereal 	<ul style="list-style-type: none"> cinnamon crumble assorted cereal
6	7	8	9	10
13	SPRING BREAK			17
<ul style="list-style-type: none"> shelf stable flurries & skeeter grahams 	<ul style="list-style-type: none"> banana muffin assorted cereal 	<ul style="list-style-type: none"> bagel w/ cream cheese assorted cereal 	<ul style="list-style-type: none"> blueberry muffin assorted cereal 	<ul style="list-style-type: none"> cinnamon crumble assorted cereal
20	21	22	23	24
<ul style="list-style-type: none"> dipperdoodle bar assorted cereal 	<ul style="list-style-type: none"> granola & yogurt assorted cereal 	<ul style="list-style-type: none"> banana muffin assorted cereal 	<ul style="list-style-type: none"> cinnamon crumble assorted cereal 	<ul style="list-style-type: none"> lemon muffin assorted cereal
27	28	29	30	31

What's New?

March 6 – 10th is **National School Breakfast**, and we're serving all your favorites to celebrate!

Try our cinnamon toast bagel, french toast muffin, chicken chorizo bagel, AND MORE

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider



March

HARMONY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> cheese pizza (VG) oven roasted chicken sandwich (DF) honey mustard chicken wrap steamed corn 	<ul style="list-style-type: none"> cheese lasagna (VG) crispy chicken sandwich (DF) chicken pizza party salad broccoli 	<ul style="list-style-type: none"> NEW!! fiesta scoops (VG) hot dog (DF) sunbutter & jelly (VG) pinto beans and grape tomatoes
		1	2	3
<ul style="list-style-type: none"> cheese enchiladas (VG) chicken bites (DF) turkey & cheese sandwich broccoli 	<ul style="list-style-type: none"> mac & cheese w/ chicken sausage lonestar chicken sandwich southwest veggie wrap (VG) green beans 	<ul style="list-style-type: none"> hot dog (DF) cheese pizza (VG) mighty meaty deli combo glazed carrots 	<ul style="list-style-type: none"> chicken taco trio pancakes w/ omelet (VG) honey mustard chicken wrap pinto beans and baby carrots 	<ul style="list-style-type: none"> cheese ravioli (VG) hamburger (DF) chicken caesar wrap steamed corn
6	7	8	9	10
13	SPRING BREAK			17
<ul style="list-style-type: none"> pepperoni calzoni (VG) chicken taco trio chicken salad sandwich (DF) broccoli 	<ul style="list-style-type: none"> hot dog (DF) cheese ravioli (VG) mighty meaty deli combo steamed corn 	<ul style="list-style-type: none"> cheese pizza (VG) cheeseburger chicken caesar wrap green beans 	<ul style="list-style-type: none"> chicken bites (DF) pasta alfredo (VG) turkey & cheese sandwich glazed carrots 	<ul style="list-style-type: none"> lonestar chicken sandwich spaghetti marinara (VG) bbq chicken wrap pinto beans and baby carrots
20	21	22	23	24
<ul style="list-style-type: none"> cheese panada pie (VG) chicken sausage & egg bagel sandwich turkey & cheese sandwich glazed carrots 	<ul style="list-style-type: none"> firecracker chicken buffalo chicken crunchadilla southwest veggie wrap (VG) broccoli 	<ul style="list-style-type: none"> sloppy joe (DF) cheese pizza (VG) mighty meaty deli combo green beans 	<ul style="list-style-type: none"> cheese lasagna (VG) crispy chicken sandwich (DF) honey mustard chicken wrap steamed corn 	<ul style="list-style-type: none"> fiesta scoops (VG) hot dog (DF) sunbutter & jelly (VG) pinto beans and baby carrots
27	28	29	30	31

What's New?

It's always a party with our new **Fiesta Scoops!** Oven-baked tortilla scoops are served with a cheesy, taco-spiced bean & rice dip.

Look for it on the menu on March 3 and march 31!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

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